

DAVID'S SKETCHES AND EXPLANATIONS

# LP<sup>3</sup> Suspended Time Project

**CONFIDENTIAL PROJECT!** 

To set aside time for 1 week so that managers can recenter themselves, open their perception and develop 3 actions (development projects):

- → for oneself as a person
- → for their families
- → for society (= contribution to a better world)



To achieve this, in a first phase it is necessary to eliminate the worries of the manager's daily life by preparing for his retreat week (a replacement will do his work this week and has prepared everything with the manager = he has full confidence that it will work = he can let himself go).

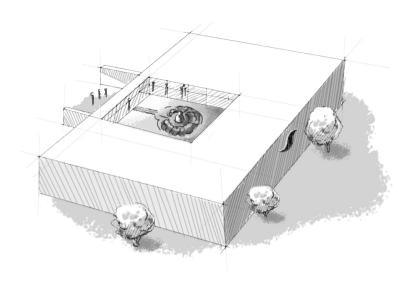


The manager (senior manager, CEO) in this phase spends a week in the LP3 centre (modern monastery). The elements: Water, air, fire, earth, but also wood, glass, metal and people will accompany him this week.



The third phase is the obligatory testimonial (video) on the implementation of the three measures. He tells his story, his effect and thus his contribution to a better world. He encourages others to do the same.





# The LP<sup>3</sup> building

The LP<sup>3</sup> building (modern monastery) has an inner courtyard with a fountain in the middle. The floor of this courtyard is a labyrinth in which we can move (as in the cathedral of Chartre, for example). Around this courtyard there is a covered path of reflection.

# **Facilities**

The building has 20 beautiful sober rooms, a dining room, a kitchen, a reception, a large conference room, some meditation rooms (prayer possible), a library with fireplace and toilets and one or two meeting rooms. The building can have 2 floors.

### **Architecture**

The building combines the elements of wood, glass and metal in harmony with the human being. It is bright and on one of its facades is the large wave LP<sup>3</sup>.

The facades can be made of wood. The entrance is glazed (box) and overlooks a river or lake (= water). The building is surrounded by a park with trees and various walking paths. There can also be a river, a bridge.... a bit like in some Asian gardens (China). It makes you want to reflect.... you feel good and are open to change.

## Outdoors

The outdoor park is closed with a natural barrier to preserve privacy. It is far away from the cities and a shuttle service picks up or returns guests. A parking lot is also available, but 200m from the complex. The right and left facades can be glazed or wooden. On the green roof (plants) there are portholes that give natural light to the rooms. A vegetable garden and orchard provides seasonal vegetables and fruits.

### **Energy**

Solar panel, heat pump, etc.

### Means of communication

Means of communication are "forbidden" and left at the reception (mobile phones, computers, tablets). A person checks them and makes sure that they remain charged. In urgent cases, the host will be contacted.